

**CALL FOR APPLICATIONS FOR ONE RESEARCH GRANT FOR THE PROJECT
“Move24 - 24h Movement Guidelines: Dissemination, Monitoring and Surveillance
of The Portuguese 24h Movement Guidelines: Making the Whole Day Matter”
(PTDC/SAU-DES/0166/2021), AT THE INSTITUTE OF PUBLIC HEALTH,
UNIVERSITY OF PORTO**

The Public Health Institute of the University of Porto hereby opens this Call for Applications for one post-doctoral research grant for the project “MOVE24 - 24h Movement Guidelines: Dissemination, Monitoring and Surveillance of the Portuguese 24h Movement Guidelines: Making the Whole Day Matter” (PTDC/SAU-DES/0166/2021) Funded by the Portuguese Foundation for Science and Technology (Fundação para a Ciência e Tecnologia - FCT).

1. Research field / Scientific area: Physical Activity and Health, or Health Education, or Psychology, or Public Health, or related scientific field.

2. Admission requirements:

To apply for the research grant, applicants must comply with the following requirements, for which documentary evidence must be provided:

- a) Meet the eligibility criteria established in the FCT Regulation for Research Studentships and Fellowships, available at: <https://www.fct.pt/apoios/bolsas/regulamento.phtml.en>
- b) Hold a PhD degree in Physical Activity and Health, or Health Education, or Psychology, or Public Health, or related scientific field.

If the candidate holds a doctoral degree awarded by a foreign higher education institution, it must be recognized by a Portuguese higher education institution, in accordance with the provisions of article 25 of Decree-Law no. 66/2018 of 16 August, which approves the legal regime for the recognition of academic degrees and higher education diplomas awarded by foreign higher education institutions and Article 4 (2) (e) of Decree-Law no. 60/2018 of 3 August, and any formalities established therein be fulfilled up to the date of the contracting act.

3. Preferred requirements:

- a) Experience in participation in scientific research projects with multidisciplinary teams, including experience in conducting structured interviews of participants, data entry, statistical analysis and database management;
- b) Professional experience in the area of professional development training courses;
- c) Experience in writing scientific papers.

4. Work Plan:

The purpose of this contract is to perform the following tasks:

1. Technical management of the project, liaising with teams and partners of the institutions involved in the project and preparing activity reports;
2. Participation in the development of data collection instruments (surveys and interviews), data analysis and report writing;
3. Data entry and data management;
4. Design and production dissemination materials of the project's results;
5. Provide professional development training courses to the partners involved in the project;
6. Writing scientific papers.

5. Applicable Legislation and Regulations:

The present call is governed by the FCT Regulations for Research Fellowships approved by the Regulation no. 950/2019 (published in the Series II of the DR, of 16th December) University of Porto Regulations for Research Fellowships approved by the Regulation n.º 184/2021 (published in the Series II of the DR, of 3rd March) and by the Research Fellowship Holder Statute (approved by Law no. 40/2004, of 18th of August, in its current version)

6. Workplace:

The work will be carried out at the Public Health Institute (<https://ispup.up.pt/en/>) and the Faculty of Sport (Research Centre in Physical Activity, Health and Leisure - https://sigarra.up.pt/fadeup/pt/uni_geral.unidade_view?pv_unidade=118) at the University of Porto or in other places necessary for the execution of the work plan, under the supervision of Professor Rute Santos and Professor Romeu Mendes.

7. Duration:

The fellowship will last for 24 months, on an exclusivity basis, non-renewable.

8. Monthly maintenance allowance amount:

The monthly stipends is 1686.00€, according to FCT (<https://www.fct.pt/apoios/bolsas/valores.phtml.en>). Payment will be made by the Institute of Public Health of the University of Porto, by bank transfer. In addition, the grant holder will be covered by personal accident insurance.

9. Evaluation methods:

1. Selection will be based on curriculum evaluation (13 points) and interview (7 points), with a final score of 20 points. Interviews will be held with a maximum of 5 candidates whose curricular assessment score is equal to or higher than 7.
2. In the curricular evaluation, the following criteria will be considered:
 - a) Experience of participation in scientific research projects with multidisciplinary teams;
 - b) Professional experience in the area of professional development training courses

- c) Authorship of scientific articles
- d) Written and oral fluency in Portuguese and English

3. In the interview, the following criteria will be considered:

- a) Actual skills and competencies of the candidates as listed on their CVs;
- b) Speaking skills in English and Portuguese;
- c) Degree of alignment of the candidates' skills and competencies with the activities foreseen in the MOVE24 project;
- d) Motivation of candidates to integrate a multidisciplinary team that will develop activities with public exposure and knowledge translation.

If the selected scholarship holder withdraws, the final ranking list of candidates in this competition may be used to replace them. If none of the candidates demonstrates that they have the profile indicated to carry out the work plan, the jury reserves the right not to award the scholarship to the competition.

10. Selection panel:

President: Romeu Mendes, PhD, Researcher, Public Health Institute, University of Porto

Effective member: Rute Santos, PhD, Professorial Researcher, Research Center in Physical Activity, Health and Leisure at the Faculty of Sport, University of Porto

Effective member: Luís Lopes, PhD, Junior Researcher, Research Center in Physical Activity, Health and Leisure at the Faculty of Sport, University of Porto

Substitute member: Marlene Nunes, PhD, Associate Professor, Faculty of Physical Education and Sport at the Universidade Lusófona de Humanidades e Tecnologias.

11. Disclosure of the results:

Evaluation results will be communicated by email to the address provided by the candidates in the in their curriculum or motivation letter.

In compliance with the provisions of the Article 121 of the Code of Administrative Procedure (“Código do Procedimento Administrativo”), after being notified, candidates have 10 working days to submit a formal rebuttal.

The final decision will be announced after the analysis of applicants’ arguments presented in the preliminary hearing. Following the final decision, the applicant can file a formal complaint within 15 working days or, alternatively, file an appeal within 30 working days, counting after the communication of the final results. Applicants who choose to file a complaint should address their request to the member of the FCT Board of the Directors with the delegated competence. Applicants who choose to file an appeal must address their request to the FCT Board of Directors.

12. Submission of applications:

The Call for Applications is open until 30th of September 2022.

Applications and all the supporting documents described in this Call must be submitted by email to candidaturas@ispup.up.pt, with cc to rsantos.ciafel@fade.up.pt and Romeu Mendes romeuardemendes@gmail.com in the subject of the message, please include the reference of the post "FADEUP | BPD_4 | Move24"

The following documents are mandatory, under penalty of exclusion from the Call:

- a) Detailed curriculum vitae
- b) Motivation letter
- c) Certificate of academic qualifications of the Doctorate degree or the respective recognition of the degree, in case the doctorate qualification was not obtained in Portugal
- d) Other documents considered relevant by the candidate

Documents must be attached directly to the application message, without links to external platforms/drives. In order to guarantee the reading of all documents, the preferred recording format is the Portable Document Format (.pdf). The files must be named with the candidate's first and last name and must not exceed, as a whole, 5 MB. These can be compressed in .zip format.

13. The University of Porto promotes a policy of non-discrimination and equal access, thus no applicant may be privileged, benefited, damaged or deprived of any right or exempted from any duty, due to ancestry, age, gender, sexual orientation, marital status, family status, economic status, education, origin or social condition, genetic heritage, reduced work capacity, disability, chronic disease, nationality, ethnicity or race, territory of origin, language, religion, political or ideological beliefs or trade union affiliation.