

CALL FOR A RESEARCH SCHOLARSHIP, UNDER THE “MENTBEST” PROJECT (REF.ª 101080651), AT THE INSTITUTE OF PUBLIC HEALTH OF UNIVERSITY OF PORTO

There is an open call for applications for a research scholarship for a master's degree within the scope of the project “MENTBEST - Protecting mental health in times of change”, with the reference n.º 101080651, at the Institute of Public Health of the University of Porto, funded by the Horizon Europe Programme under the following conditions:

Application deadline: 29 February to 13 March 2024

1. Research field / Scientific area: Public health, Health Sciences

2. Applicable legislation and regulations

Statute of Scientific Research Grant Holder, approved by Law no. 40/2004, of 18 of August, as amended by Decree-Law no. 123/2019, of 28 of August; Regulation no. 950/2019, of 29 of November, published in Diário da República, no. 241, Series 2, of 16 of December (Regulation of Research Grants of FCT, I. P.); Decree-Law no. 66/2018, of 16 August (Legal regime for recognition of academic degrees and diplomas of higher education awarded by foreign higher education institutions); Administrative Procedure Code (CPA), approved by Decree-Law no. 4/2015, of 7 January.

3. Admission requirements:

To apply for the scholarship, applicants must comply with the following requirements, for which documentary evidence must be provided:

- a) Master's degree in a Health Sciences field;
- b) Enrollment in a doctoral program in public health must be verified at the time of hiring;

Or

Be enrolled in a non-degree course integrated in the educational project of a higher education institution, developed in association or cooperation with one or more R&D units, a requirement to be duly proven at the time of hiring.

- c) Experience in teamwork;

- d) Experience in health literacy research;
- e) Experience in developing intervention projects in a school context.

**If the candidate holds a doctoral degree awarded by a foreign higher education institution, it must be recognized by a Portuguese higher education institution, in accordance with the provisions of article 25 of Decree-Law no. 66/2018 of 16 August, which approves the legal regime for the recognition of academic degrees and higher education diplomas awarded by foreign higher education institutions and Article 4 (2) (e) of Decree-Law no. 60/2018 of 3 August, and any formalities established therein be fulfilled up to the date of the contracting act.*

4. Work Plan:

The main tasks to be performed under the scholarship will be:

- a) Collaboration in the development of a mental health promotion intervention for school-aged youth, sensitive to the particularities of international contexts;
- b) Preparation of the design and data collection methodologies for the efficacy study of the intervention;
- c) Collaboration in implementing and monitoring the developed intervention;
- d) Collaboration in the analysis of collected data.

5. Workplace and supervision

The work plan will be developed at the Institute of Public Health of the University of Porto under the supervision of Professor Ricardo Gusmão.

6. Duration of the scholarship

The scholarship will have a duration of 12 months, starting in April 2024, on an exclusive basis, without possibility of renewal.

Note: In the case of degree who are enrolled in courses that do not confer an academic degree, the scholarship can only be awarded to those who do not exceed, with the conclusion of the scholarship contract in question, including possible renewals, an accumulated period of two years in this type of exchange, followed or interpolated.

7. Amount of the monthly maintenance allowance

The amount of the allowance is € 1.199,64 (one thousand one hundred ninety-nine euros and sixty-four cents), in accordance with the table of values of the scholarships awarded directly by FCT, I.P. in Portugal.

8. Evaluation methods:

Curriculum evaluation (CE) and, if the selection board deems it necessary, a selection interview (E) for the first three best ranked candidates in the CE whose score in the curriculum evaluation is equal to or greater than ten points. The final classification will be obtained by the following formula: $0,6 \times CE + 0,4 \times E$, on a scale of 0 to 20 points. If there is no interview, the final classification will be equal to the one obtained in the CE. In eventuality that none of the candidates demonstrates to have the profile indicated for the execution of the work plan, the jury reserves the right not to award the scholarship.

The criteria for curricular evaluation (CE) are:

- a) Experience in research projects and activities of applied or practice-based research, considered by the candidate to have the greatest impact for the recruitment area (10 points);
- b) Extension activities and dissemination of knowledge, particularly in the context of promoting culture and scientific practices, considered most relevant by the candidate (4 points);
- c) Experience in working with multidisciplinary teams (3 points);
- d) Excellence in English and Portuguese, written and spoken (3 points).

The evaluation factors of the selection interview (E), if it takes place, will be:

- a) Professional knowledge and skills to execute the work plan (0 to 9 points);
- b) Motivation to carry out the research project (0 to 4 points);
- c) Professional attitude (0 to 3 points);
- d) Communication skills (0 to 4 points).

9. Selection panel:

President – Ricardo Gusmão

1st Effective member – Virgínia da Conceição

2nd Effective member – Sílvia Fraga

1st Alternate member – Nuno Lunet

2nd Alternate member – Raquel Lucas

10. Form of presentation of applications and deadline for applications:

10.1 The Call for Applications is open until 13 March 2024.

10.2 The applications should be formalised, obligatorily, through email to the address candidaturas@ispup.up.pt, with the ref^a “BI - MENTBEST|101080651” in the subject accompanied by the following documents, of mandatory presentation:

- a) Letter of Motivation;
- b) Curriculum Vitae;
- c) Supporting documents demonstrating that the candidate meets the requirements for the type of scholarship being applied for, including certificates of qualifications with final grades, degree recognitions (if applicable), and proof of enrolment in a Public Health Doctoral Program or in a non-academic degree course; The recognition must be duly proven until the act of hiring. If the recognition of the degree is under review, you should send proof of the request;
- d) Other documents they consider relevant for curricular evaluation.

10.3 Failure to submit the documents identified above in the application will result in the administrative exclusion of the candidates.

11. Disclosure of the results:

- a) The results of the evaluation will be made public through the sending of minutes via the email provided at the time of application.
- b) Candidates have a period of 10 working days, counting from the day after the notification, to comment, if they wish, in a prior hearing.

12. Policy of non-discrimination and equal access

ISPUP actively promotes a policy of non-discrimination and equal access, whereby no candidate may be privileged, benefited, prejudiced or deprived of any right or exempted from any duty on the basis of ancestry, age, gender, sexual orientation, marital status, family situation, economic situation, education, origin or social condition, genetic

heritage, reduced work capacity, disability, chronic illness, nationality, ethnic origin or race, territory of origin, language, religion, political or ideological beliefs or affiliation with a professional union.

13. Data protection and privacy policy

ISPUP is committed to comply with the personal data protection legislation in order to protect the data and privacy of employees, students and partners. As the controller, ISPUP commits to process all data collected during the application process according to the procedures defined in the data protection legislation and in accordance with the Privacy Policy.