

**CALL FOR A RESEARCH SCHOLARSHIP FOR A MASTER'S DEGREE,
UNDER THE "PROSPERH" PROJECT (REF.º 101137256), AT THE
INSTITUTE OF PUBLIC HEALTH OF UNIVERSITY OF PORTO**

There is an open call for applications for a research scholarship for a master's degree in the scope of the project "PROSPERH - Promoting Positive Mental and Physical Health at Work in a Changing Environment: a Multi-level Approach", with the reference 101137256, at the Institute of Public Health of the University of Porto, financed by the European Health and Digital Executive Agency (HADEA) under the following conditions:

Application deadline: March 24th to April 04th, 2025

1. Scientific area: Public health, Health Sciences

2. Applicable legislation and regulations

Statute of Scientific Research Grant Holder, approved by Law no. 40/2004, of 18 of August, as amended by Decree-Law no. 123/2019, of 28 of August; Regulation no. 950/2019, of 29 of November, published in *Diário da República*, no. 241, Series 2, of 16 of December (Regulation of Research Grants of FCT, I. P.); Decree-Law no. 66/2018, of 16 August (Legal regime for recognition of academic degrees and diplomas of higher education awarded by foreign higher education institutions); Administrative Procedure Code (CPA), approved by Decree-Law no. 4/2015, of 7 January.



3. Admission requirements:

To apply for the scholarship, applicants must comply with the following requirements, for which documentary evidence must be provided:

- a. Master's degree in a Health Sciences field;
- b. Be enrolled in a doctoral program in public health requirement to be proven before the hiring act;

or

Be enrolled in a non-academic degree course integrated in the educational project of a higher education institution, developed in association or cooperation with one or more R&D units, a requirement to be duly proven at the time of hiring.

Note: In the case of graduates or masters who are enrolled in courses that do not confer an academic degree, the scholarship can only be awarded to those who do not exceed, with the conclusion of the scholarship contract in question, including possible renewals, an accumulated period of two years in this type of exchange, followed or interpolated.

If the degree has been awarded by a foreign higher education institution, it must be recognized by a Portuguese higher education institution, in accordance with the provisions of article 25 of Decree-Law no. 66/2018 of 16 August, which approves the legal regime for the recognition of academic degrees and higher education diplomas awarded by foreign higher education institutions and Article 4 (2) (e) of Decree-Law no. 60/2018 of 3 August, and any formalities established therein be fulfilled up to the date of the contracting act.



4. Preferred requirements:

- a. Experience in teamwork;
- b. Experience in health literacy research;
- c. Experience in developing intervention projects in communities.

5. Work Plan:

The main tasks to be performed under the scholarship will be:

- a. Collaboration in the development of an intervention that promotes mental and physical health in the workplace, sensitive to the particularities of national and international contexts.
- b. Preparation of the design and data collection methodologies for the efficacy study of the intervention;
- c. Collaboration in implementing and monitoring the developed intervention;
- d. Collaboration in the analysis of collected data

6. Workplace and supervision

The work plan will be developed at the Institute of Public Health of the University of Porto under the supervision of Professor Dr. Ricardo Gusmão.

7. Duration of the scholarship

The scholarship will have a duration of 12 months, scheduled start in May 2025, on an exclusive basis, not exceeding the project's conclusion date (31/12/2028).



8. Amount of the monthly maintenance allowance

The allowance amount is 1.309,64 € (one thousand three hundred and nine euros and sixty-four cents), per the table of values of the scholarships awarded directly by FCT, I.P. in Portugal.

9. Evaluation methods

The selection will be made based on curriculum evaluation (CE) and, if deemed necessary by the jury, a selection interview (I) with the top 3 candidates whose score in the curriculum evaluation is equal to or greater than ten points. The final score will be calculated using the following formula: $0,6 \times CE + 0,4 \times I$, on a scale of 0 to 20 points. If there is no interview, the final classification will be equal to the same as the CE score.

Failure of candidates to attend the possible interview phase of the selection process is equivalent to withdrawing from the competition, leading to the exclusion from the procedure.

If none of the candidates demonstrates having the profile indicated for carrying out the work plan, the Selection Panel reserves the right not to allocate the vacancy in the competition.

The criteria for curricular evaluation (CE) are (0 to 20 points):

- a. Experience in research projects and activities of applied or practice-based research, considered by the candidate to have the greatest impact for the recruitment area (10 points);



- b.** Extension activities and dissemination of knowledge, particularly in the context of promoting culture and scientific practices, considered most relevant by the candidate (4 points);
- c.** Experience in working with multidisciplinary teams (3 points);
- d.** Excellence in English and Portuguese, written and spoken (3 points).

The evaluation factors of the selection interview (I), if it takes place, will be (0 to 20 points):

- a.** Professional knowledge and skills to execute the work plan (0 to 9 points);
- b.** Motivation to carry out the research project (0 to 4 points);
- c.** Professional attitude (0 to 3 points);
- d.** Communication skills (0 to 4 points).

10. Selection panel

President – Ricardo Gusmão

1st Effective member – Virgínia da Conceição

2nd Effective member – Sílvia Fraga

1st Alternate member – Nuno Lunet

2nd Alternate member – Raquel Lucas

11. Form of presentation of applications and deadline for applications:

11.1 The Call for Applications is open until 04 April 2025.



11.2 The applications should be formalized, obligatorily, through email to the address candidaturas@ispup.up.pt, with the ref^a "BI – PROSPERH | 101137256" in the subject, accompanied by the following documents, of mandatory presentation:

- a.** Letter of Motivation;
- b.** Curriculum Vitae;
- c.** Documents proving that the applicant meets the conditions required for the type of scholarship to which he is applying, namely certificate(s) of qualification(s), with the final classification obtained and the respective academic degree recognition by a Portuguese higher education institution (if applicable) and proof of enrolment in a cycle of studies leading to a degree or in a non-degree course*.

The degree recognition must be duly proven until the act of hiring. If the recognition of the degree is under review, should be send proof of the request;

- d.** Other documents deemed relevant by the candidate.

* Proof of enrolment in a cycle of studies leading to a degree or in a non-degree course may be waived at the application stage and replaced by a declaration of honour of the applicant, only in the contract phase of the scholarship. However, the grant will be conditional on the delivery of these documents.

11.3 Failure to submit the documents identified above in the application will result in the administrative exclusion of the candidates.



12. Disclosure of the results:

- a. The results of the evaluation will be made public through the sending of minutes via the email provided at the time of application.
- b. Candidates have a period of 10 working days, counting from the day after the notification, to comment, if they wish, in a prior hearing.

13. In case of withdrawal of the candidate ranked first, the highest body of the Institute reserves the right to call the next candidate and so on until the vacancy is filled.

14. ISPUP is free to fill the position or not and may suspend or terminate the process at any time, informing all candidates.

15. Policy of non-discrimination and equal access

ISPUP actively promotes a policy of non-discrimination and equal access, whereby no candidate may be privileged, benefited, prejudiced or deprived of any right or exempted from any duty on the basis of ancestry, age, gender, sexual orientation, marital status, family situation, economic situation, education, origin or social condition, genetic heritage, reduced work capacity, disability, chronic illness, nationality, ethnic origin or race, territory of origin, language, religion, political or ideological beliefs or affiliation with a professional union.



16. Data protection and privacy policy

ISPUP is committed to comply with the personal data protection legislation in order to protect the data and privacy of employees, students and partners. As the controller, ISPUP commits to process all data collected during the application process according to the procedures defined in the data protection legislation and in accordance with the Privacy Policy.

